



SUN. FEBRUARY 5, 2012 - 11:00 AM
"CAUTION: REPAIR WORK "
Rev. Margaret E. Corletti

In her little book **Repair: The Impulse to Restore in a Fragile World**, Elizabeth V. Spelman looks at the human impulse to fix things and the ways in which this manifests itself in our lives and our work. How do we "repair" those rips and tears in our human condition and relationships? Join me in thinking about this very ordinary and mysterious activity.

Music Notes: This morning, we are going to chase away the winter blues with our musical guests, the East River Blues Band! Our Orff Ensemble, conducted by Cindy Bell, will accompany with the Young People's Choir, and the adult choir will perform, *The Clothes of Heaven*, by Z Randall Stroope, written on a text by William Bulter Yeates.

FRI. FEBRUARY 10, 2012
"Soulful Sundown"
The Rev. Ian White Maher

Join us for an evening of **multi-generational fellowship** and alternative worship. Tonight's service will be led by the Rev. Ian White Maher, of the UU Congregation of Queens and the Gathering of Friends band. Dinner begins at 6:30 p.m., worship is held at 7:30 with programs to follow.

TOUCHSTONES

Part of my spiritual practice is to walk every morning. Yes, I am like the proverbial mail person, "neither rain, nor sleet, nor snow" keep me from my daily communing with nature, my daily meditation and my silence.

I try really hard not to problem solve, schedule my day or make lists of things to be done while I walk. I really try hard to just empty my mind and walk. As you are probably guessing – some days I am more successful than others in emptying my mind. Sometimes this communing with nature has allowed me the time and space to actually have an epiphany like the Saturday morning I was walking in the snow.

First off it was probably not a smart move to go out as early as I did and walk in all the snow, sleet and ice that had accumulated. I was slower than usual, but I prevailed and kept walking. It wasn't very long before I noticed just how startlingly beautiful the snow was. The patterns on the tree limbs, the snow piles as they gathered on the streets, sidewalks and grass were more like planned effects than the random falling of snowflakes. It looked like a scene out of central casting.

My practical side stepped in to wonder about the roads and whether they were icy and dangerous. I thought about the errands I had to take care of and whether I could drive if the accumulation kept going. I also wondered about the drivers here on Long Island and if they tended to not make adjustments in driving speed for

SUN. FEBRUARY 12, 2012
"Steps to a compassionate Life: Mindfulness"
Rev. Dr. Paul S. Johnson

This is the next in my sermon sires on the steps to a compassionate life suggested by historian of religion, Karen Armstrong. She asserts that "in mindfulness we mentally stand back and observe our behavior while we are engaged in the normal process of living in order to discover more about the way we interact with people, what makes us angry and unhappy, how to analyze our experiences, and how to pay attention to the present moment."

Music Notes: This morning the choir will sing two spirituals, *Deep River*, and *Lord, I Know I've Been Changed*, both in celebration of Black History Month

ADULT PROGRAMS

Please note that we will not be publishing the Shelter Rock Center for Spiritual Growth Adult Programs booklet for Spring, 2012. Refer to the Fall 2011 booklet for continuing programs. Remember to pre-register w/ Sharyn ext. 160. or sesposito@uucsr.org. Programs will be cancelled if minimums are not reached.

DRUM AND RHYTHM CIRCLE- Temporarily suspended. May resume in the spring.

THE HISTORICAL JESUS- Continues Wednesdays Feb 1, 8, 15, 22, 7:30 to 9:30 p.m. in the Art Gallery. Discussion facilitators
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Rev. Margaret E. Corletti

the weather conditions. My brain was in over drive.

Suddenly I thought about all the children, young people and the young at heart who would delight in seeing the snow. I thought about their thinking of all the snowmen, snowwomen and snow children they could build. How could I not mention all the snowballs they could throw!

Mixing in with my thoughts were memories of sledding when I was young and the thrill and joy of going fast down a steep hill with the cold taking my breath away. I remember laughing hysterically with my friends as we reached the bottom of the hill and trudging back up to do it all over again. Oh, what a wonderful feeling of living life to its fullest with a deep and abiding appreciation for all the wonders that surrounded me daily.

What happens to the human condition that these wonders are forgotten or misplaced as we grow up and get "serious" about our lives and our responsibilities? How can we let the little things we take for granted become invisible? The challenge if we are to live our lives to the fullest is to not let this happen. Difficult at times – for sure – but not impossible. I invite you to join me in making the effort to "not grow up" in our wonder and joy for this world we live in and to be surprised by the beauty that it offers to all of us every day.

See you on Sunday, Marge.

RELIGIOUS EDUCATION PROGRAMS

Childcare for infants, toddlers and pre-schoolers is available every Sunday during the worship service in Rooms 1 and 2 in the RE Wing.

SUNDAY, FEBRUARY 5

Multigenerational Service: All ages begin together at 11:00 a.m. in the Worship Room for approximately 20 minutes. The Young People's Choir will sing.

RE classes begin at 11:25 p.m.

Side by Side: A closing potluck celebration party will be held in Room 15 from 12:30 to 2:30 p.m. Please bring food to share.

Potluck lunch for RE families begins at 12:30 p.m. in Room 10. See announcement below.

The 7th grade sponsors the UU Café lunch today in the Social Hall. They are raising money for organizations working on cures for Alzheimer's disease and ectodermal dysplasia.

The Young People's choir rehearses at 10:00 a.m. in the Music Rehearsal Room.

SUNDAY, FEBRUARY 12

RE classes begin at 11:00 a.m.

Children's Worship for grades 1-3 with Rev. Marge Corletti begins at 11:05 a.m. in the Chapel.

Valentines and flower plants for Sale: The 6th grade will offer hand-made Valentines and flowers for sale in the Main Lobby after the Worship Service. They will use the money to support their Secret Service Project.

OTHER RE NEWS

Recess Sundays coming up: There will be **no RE classes** on the following Sundays: **Feb. 19 and 26**, due to Presidents' Week school vacations. Classes resume on Sun., March 4, after a brief multigenerational service in the Worship Room at 11:00 a.m.

ANNOUNCEMENTS

Potluck lunches - Meet & Eat with RE Families. Program Council Committees are sponsoring potluck lunches with RE families. These informal lunches will offer the opportunity for RE families to meet other families and members of the congregation and share a meal together. The first potluck will be held on Feb. 5 at 12:30 and will include members of the Caring, Membership and Small Group Committees and RE families w/ children who are in 3 year old through 3rd grade classes. For more info. contact Linda Katsoulos at lkatsoulos@uucsr.org, ext. 141.

YOUTH & YOUNG ADULT MINISTRY ANNOUNCEMENTS

Care Package Ministry to Young Adults: Stop by the "Mind the Gap" table to sponsor a care package, donate copies of "UU World" or other non-perishable gifts, submit a personal note or drawing, and update our mailing list for young adults (ages 18-35) who are affiliated with the congregation. All are welcome to assemble care packages after Soulful Sundown on Friday, February 10th. For more information or to help with tabling (a

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ADULT PROGRAMS

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are Rev. Paul Johnson, Senior Minister at Shelter Rock, and Bob Nuxoll, retired history professor and Shelter Rock member.

THE NECESSITY OF VIRTUE- Mondays: Feb. 6, Mar. 5, Apr. 2, Art Gallery. May 7 in Ballroom. 7:30 to 9:30 p.m. **On Feb. 6 Paul Drezner will lead the discussion on Justice.**

TAI CHI/QIGONG- Art Gallery on Fridays, Feb. 10, 17; Thursday, Feb. 23; Fridays, Mar. 2, 9, 16, 23, 30: Intermediates meet 9:45 to 11:00 a.m. Beginners meet 11:30 a.m. to 12:45 p.m. Fern Cameron leads.

DRAMATIC READINGS- Saturdays: Feb. 11, Mar. 10, Apr. 14, May 5, 5:00 to 10:00 p.m. in the Art Gallery. If you bring food to share for dinner, suggested donation is \$5.00. Suggested donation is \$10.00 if you don't bring a food item. Please call or email your reservation to Sharyn, ext. 160 or sesposito@uucsr.org.

THE EMERSON CIRCLE AT SHELTER ROCK- Mondays, Feb. 13, Mar. 12 and once monthly through June, 2012. **On Feb. 13 Sandra Frank will facilitate the discussion about Emerson's essay *Over Soul*.** See the booklet for more information, or speak to Herb Klitzner at 718-830-0561.

COFFEE AND CONVERSATION- Meets next on Sunday Feb. 19, 9:00 to 10:30 a.m. in the Staff Lunchroom

SPIRITUAL MASTERS, MENTAL HEALTH AND MEDICATION- Has its last session on Feb. 27, 7:30 to 9:30 p.m. in RE Room 18. The facilitator is Shelter Rock member Arthur Rifkin, MD.

IMMIGRATION AS A MORAL ISSUE- Tuesdays, 7:30 to 9:30 p.m. in the Art Gallery: Feb. 28, Mar. 27, Apr. 24. **Session 4 on Feb. 28: Security, Enforcement and Human Rights.** This six-session study is co-facilitated by Social Justice Coordinator Claire Deroche and UUCSR Member, Carol McHugh.

GROUP MEDITATION- Monthly in the Veatch House Terrace Room, 7:00 to 9:00 p.m. The next two meetings are on Wednesdays March 14 and April 18 (**Meeting in February is cancelled**). For more information please read the fall 2011 booklet and/or call the group's facilitator Aileen Cox at 516-466-5851.

NEW PROGRAMS FOR WINTER/SPRING 2012: Please refer to future Quests for descriptions of programs and dates. Register with Sharyn at ext. 160. Programs will be cancelled if minimum numbers do not pre-register.

GREAT BOOKS – GREAT CONVERSATIONS 5- Books are available in the office for \$27.00. Call Sharyn, ext. 160 to arrange pick-up. **The first reading, for Feb. 12, will be *Hekabe* by Euripides;** Selected Poems by John Keats on Feb. 19; *Ethan Brand* by Nathaniel Hawthorne on Feb. 26. Rev. Paul Johnson leads the conversations.

BOOK DISCUSSION: HOW GOD CHANGES YOUR BRAIN- Sunday, Feb. 19, 1:00 to 2:00 p.m. in the Veatch Conference Room. Discussion leader Rev. Paul Johnson writes; "several people who could not make it to the discussion of this book in September have asked for a repeat."

WISDOM FROM THE HEBREW SCRIPTURES- Sundays, 1:00 to 2:30 p.m. in RE Rm. 15: **Dates have changed:** Feb. 19 and 26; Apr. 15 and 22. Why bother with the Bible? The 4 classes focus on four powerful tales from the Hebrew Bible. At the first class, we will be discussing and engaging in activities related to the Creation story (Genesis 1: 1-31; 2:1-4). The class will feature an array of activities for all ages (6 years & above) including a discussion

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PRESIDENT'S VIEW

Barbara Grosmark

February is a good time for a preview of the remaining congregational year. There seems to be a buzz about covenant/conflict resolution/mediation/grievance words used interchangeably with different meaning ascribed to the same words. It is not for me to sort it all out. In response to queries re Board action on these issues, we started with a committee, what else, to develop a statement of responsibility and authority for the ministers so that they have some clearer guidelines as to when to intervene when conflict and disruptive behaviors arise in a worship service or a meeting or social event. The Task Group is to address the ministers legal responsibility and reporting obligations with known or suspected cases of sexual abuse, domestic violence, or stalking. To provide guidance for when to intervene, what would that intervention look like, and what remedies the ministers may impose, either alone or with the board or president. It takes time to think through the issues and consequences of remedies. There are no quick fixes. It is hoped that the Task Group will have a document for review by the Board in February. In the meantime Congregational life continues, with socials, classes, services, and fellowship and friendships. Committees work hard providing opportunity for the spiritual and intellectual growth that is derived from these activities, the Board does its part by keeping the finances on a sound footing and ensuring smooth operations for the support of all of our activities.

In addition to the usual bustle of activity, the congregation has two major commitments to see to fruition: visioning and ministerial search. Last year we as a congregation reviewed our mission and vision statements to test that they were still true to our Congregational dreams and aspirations. The Visioning Implementation Task Force is moving into the exciting phase of mission implementation. They will soon present the Board with a mission statement and plan for the development of congregational goals toward fulfilling the mission. When asked about setting aside the Visioning work to work on a covenant, our UUA consultant advised us to move forward with the visioning process, that a covenant would naturally come out of that process.

Our second major commitment will be a ministerial search. It is now time to start the process of naming a search committee that will engage the Congregation in self study to determine the qualities the Congregation desires in its new minister. This will take lots of time and planning. The search committee will be engaging congregants with surveys, cottage meetings, etc.

We have the energy, enthusiasm, and creative ideas to embrace the mission, welcome a new minister, and move the Congregation toward fulfilling its purpose for the promulgation and practice of the religious, philosophical and ethical principles of the UUA. Lets create a buzz about thinking out of the box, whacky ideas that provide the germ of new directions and programming, new ways of getting things done, move the furniture, paint the walls, oops! Went to far!

ADULT PROGRAMS

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about the story's relation to UU principles and an art project designing a Creation mural. Please register for the class by contacting Sharyn at ext. 160 or sesposito@uucsr.org. **In order to have the multigenerational activities planned a minimum of at least 8 participants is needed.** Sessions will be facilitated by Rev. Margaret Corletti and Shelter Rock member Dana Gumb.

HISTORY OF THE ENGLISH LANGUAGE- Tuesdays, 7:30 to 9:30 p.m. in RE Room 15: Feb. 21 and Mar. 20. The subjects of the two remaining sessions are: **Session II: Middle English. Session III: Modern English.** Classes are led by Shelter Rock member Barry Nobel, who has a degree in linguistics.

LIVING SIMPLY, THRIFTILY AND GREENLY- Sunday, Feb. 26, 1:00 to 2:00 p.m. in the Veatch Ballroom. Rev. Paul Johnson will address this topic and encourage others to share their experience about stewardship of personal and planetary issues.

SHELTER ROCK SINGLES- Tuesday, Feb. 28th, 7:30 to 10 p.m. Art Gallery. Featuring Irwin Pfeffer, humorist, author, and motivational therapist. \$10/ person. Contact Ben for information, ext. 134 and BBortin@uucsr.org.

BRIDGE, BRIDGE AND BRIDGE- There will now be three Bridge groups at UUCSR, only one of them a class. The class, for beginners and intermediate players continues on Wednesday mornings, 10:30 a.m.-12:30 p.m. w/ instructor Paul Drezner. Friday afternoon recreational bridge continues from 1:00 to 3:00 p.m. A **new evening recreational bridge group** begins Tue. February 14, 7:30 – 9:30 p.m. Goups meet in the Gallery, Social Hall, or Bride's Room, so please check the weekly calendar to find out the room. Call Ben Bortin (516-627-6560 x134 or BBortin@uucsr.org) for more information and to tell him you are coming.

BOOK DISCUSSION WITH DAN MCKANON- Saturday March 31.

Y&YA MINISTRY ANNOUNCEMENTS

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great project for individuals or committees interested in young adult outreach) contact Betty Jeanne at bruetersward@uucsr.org or 347-850-2579.

Young Adult (ages 18-35) Winter Retreat: From February 17-20, join UU young adults from the Metro New York area for a weekend in the Catskill mountains. Activities include cross-country skiing, hiking, crafts, worship, and more – all in a private, eco-friendly lodge. Visit www.uumetrony.org and click "Events" for complete info and registration.

Interested in a Young Adult Small Group Ministry? There is interest in a facilitated small group ministry for young adults (age 18-35) specifically to get to know and support one another, and explore spiritual topics of discussion. We would meet on site at UUCSR or nearby, to offer a complement/alternative to the young adult ministry happening at CW Post. Are you, or someone you know, curious to learn more? Contact Betty Gold at elizkgold@gmail.com.

MIND THE GAP

Betty Jeanne Rueters-Ward

Don't forget to participate in our annual care package ministry to young adults!

As you'll recall, this is a multigenerational project through which the entire UUCSR community reaches out to folks 18-35 affiliated with our congregation, be there folks who grew up with us or who are newer to Unitarian Universalism. There are many ways to contribute to helping make this age group – often in transition, and spread about the world – feel connected to and supported by us.

Our last Sunday of tabling is this coming **Sunday, February 5th**. Stop by to write a personal note (or create a drawing – great way for kids to help

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MUSIC ANNOUNCEMENTS

SAVE THE DATE! Music at Shelter Rock presents organist Mollie Nichols, Music Director of The Church of the Heavenly Rest in New York, as soloist with The Orchestra at Shelter Rock in Saint-Saens monumental *Organ Symphony* (Symphony No 3 in C minor, op 78) at 2pm on **Sunday, March 25th** in the Worship Room. \$10 non-members, \$ 8 members, under 18 admitted FREE.

SING WITH THE CHOIR FOR MUSIC SUNDAY. Join the choir as we begin to prepare living Estonian composer Arvo Paert's visionary Berliner Messe. Hailed as a modern day mystic, Paert utilizes a harmonic system he calls tintinnabuli, founded on his perception of the sounds of bells. Reflective of gregorian chant, this work has been hailed a modern masterpiece. Intrigued? Choir rehearsals are Thursday nights, 7:30- 9:30 p.m. in the Music Rehearsal Room. We will begin intensive work on the piece on February 23rd. Music Sunday this year is April 29th.

CALLING ALL INSTRUMENTALISTS: The Orchestra at Shelter Rock is planning three upcoming performances: Saint Saens Organ Symphony in March, accompanying the choir for Music Sunday in April (Strings only), and our annual Summer Concert on August 5th. If you play a traditional orchestral instrument, and would like to join this exciting musical activity here at Shelter Rock, please contact Linda Katsoulos ext. 141, or Music Director Stephen Michael Smith ext. 142.

LARGE GRANTS FAIR

For the second year, we've invited the current year's Large Grants recipients to come to a **"Large Grants Fair"** on Sunday, February 12 in the Social Hall during and after UU Café. Each grantee will have a table to display information about the work they're doing, and groups based on Long Island will send representatives to answer questions.

Here are the participating grantees (**in bold**) and the issue areas within which they work:

League of Women Voters Education Fund-Campaign Finance Reform; Public Campaign-Campaign Finance Reform; Mental Health Association of Nassau County- Mental Health; Planned Parenthood Federation of America - Women's Health; United Veterans Beacon House - Homelessness; The Interfaith Nutrition Network- Hunger; Camp deBenneville Pines- UU Camps/Conference Centers; Liberal Religious Educators Association- UU Theological Education; Unitarian Church of Csíkszereda- UUCSR Partner Church.

We'll also be sending out a mid-year report
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JU VEATCH PROGRAM AT SHELTER ROCK

Dear Ned: Could you tell me more about Beacon Press, to which we give significant grants each year? -- Avid Reader in Amityville



The Shelter Rock congregation has been an enthusiastic supporter of Beacon Press for over a decade. At our Veatch Program annual meeting on January 17, two visitors from Beacon Press spoke to us about the opportunities and challenges of leading the Unitarian Universalist Association's oldest publishing arm. Director Helene Atwan and Associate Publisher Tom Hallock told us about the intricacies of book publishing in the 21st century, from identifying and contracting with authors, through producing books in a variety of formats, to marketing, distributing and selling enough books to cover expenses.

As most of us recognize, book publishing is going through a host of changes right now. Helene and Tom reminded us that Beacon Press made a very early foray into electronic book (e-book) publishing as early as 1998, but that the growth of e-books as a significant share of sales is relatively recent. Beacon Press staff have grown, learned and developed skills to keep up with the ways books are currently being produced.

Asked about book pricing, Tom and Helene noted that Beacon Press is a publisher, not a book retailer. Beacon Press works through a distributor—currently Random House—to get its books into the hands of readers. Beacon Press establishes a "list price" for its books, designed to cover its costs and produce positive cash flow. The distributor negotiates with book stores—big chains and independent stores—as well as e-book providers such as Apple, Barnes and Noble and Amazon—to sell Beacon books to them at a discount from the list price, and the retailers set their own prices for the consumer. That's one reason why book prices can vary so much.

To market Beacon books, the Press relies on their own website (www.beacon.org), which includes short promotional videos and a link to their blog (www.beaconbroadside.com). Beacon also utilizes podcasts, traditional trade publicity, book reviews, author interviews on major media, and tie-ins with organizations whose focus aligns with the topics of specific books. For example, *"Thou, Dear God,"* the new book of prayers of Martin Luther King, Jr., (published as part of the King Legacy Series partially funded by our grant) is being promoted through religious denominations, clergy organizations, the gift shop at the MLK Memorial in Washington, DC, and more traditional book publicity and promotion channels. Beacon Press has also created a distinct website, www.thekinglegacy.org, to showcase books in this series.

Helene expressed particular enthusiasm about two Beacon projects: The first is Anita Hill's *Reimagining Equality: Stories of Gender, Race, and Finding Home*, which garnered very widespread publicity about Ms. Hill's vision for a more equitable society. This publicity reaches far beyond those who buy or read the book, bringing Unitarian Universalist values of "justice, equity and compassion in human relations" before a very large audience. The second is the development of MLK school editions. Based on their King Legacy work so far, Tom and Helene have come to recognize that Dr. King was not only an *American civil rights* leader but also an *international human rights* leader. Beacon Press has called together an advisory group of teachers and scholars to determine what schools and teachers want and need to bring Dr. King's life and vision alive for a new generation.

Beacon Press is bringing Unitarian Universalism and its core values to an audience of readers and thought leaders much larger than the membership of our congregations. Beacon Press and the books it publishes are catalysts for change. We can be justly proud of our grant support for their work.

Cheer and blessings- Ned Wight, Executive Director - Unitarian Universalist Veatch Program at Shelter Rock

The UUCSR Veatch Program provides support for efforts within the religious and spiritual mission of the Congregation where their purposes are best served by outside agencies acting under the Supervision of the Veatch Program and the Congregation.

SOCIAL JUSTICE ANNOUNCEMENTS

Super Bowl: On Sunday, February 5, when the Men's Group holds its Super Bowl Party, they'll be collecting canned goods for Island Harvest. You, too, can contribute, even if you don't attend the party. Bring cans of soup, vegetables, and meat for the special Island Harvest collection box that will be in the lobby on Sunday morning. Thanks for helping to make this a **Super Souper Bowl** Sunday for those in need on Long Island.

THANK YOU'S

Thanks to Judith Wylie-Rosett, Claire Paccione, Cynthia Barbey and Nina Weber for hosting the UN booth and for recruiting new UU UN Office members. Thanks to Rosette Megerdichian for the sparkling blue ribbons, and thanks to Ben and Claire for their organizational support. Thank you also to the UN committee, which gave us the encouragement to work on this program. Thank you Senior Seminar for making Holly, UUUN Envoy coordinator, and Camille, Youth Envoy, feel so welcome in discussing the Intergenerational Spring Seminar on Racism and Immigration. Thank you congregants for your enthusiasm in welcoming UUUNO executive director Bruce Knotts and UUA Director of International Office, Rev Eric Cherry. - *Dotty Prunhuber.*

I would like to thank the caring committee for the wonderful flowers and expression of support during these hard times. I also do appreciate all the phone calls which have helped in my recovery. - *Evan Woodhouse.*

Thank you to all my well wishers for your concern, flowers, cards, phone calls, offers for assistance and those of you who have reached out to help me through this hip replacement. Special thanks to my beautiful wife, Maria Ceraulo, who took excellent care of me and who continues to help me grow as an individual, despite my many foibles; and to my equally beautiful daughter, Anna Ceraulo Jalazo, who has been there by my side every step of the way assisting me wherever possible. Additionally, I am grateful and honored for being allowed to serve as your Treasurer and as a fifth grade teacher of Bible stories. I truly believe that your love and support, and the very special get-well-card from the fifth grade, have contributed greatly to my being well ahead of the six week schedule to complete recovery. Tomorrow will be two weeks apres-surgery and I am now walking with only a cane for assistance, when necessary. - *With Love and Affection, Jerry Jalazo*

Caring Committee – Thank you so much for your gift over the holidays. It was very appreciated and you are so appreciated! – *Sydelle Lopez*

MILESTONES

We wish a speedy recovery to... Charlotte Fleisher who is recuperating from pneumonia at North Shore. She should be home soon--cards and calls are welcome.

We mourn the loss of... Congregant Julius Goldin. We extend our heartfelt condolences to his closest friends and family members.

LARGE GRANTS FAIR

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on the work of these grantees, which members should receive by mail before the Fair. Please plan to stop by the Social Hall after services on February 12 to learn more about the impressive work these grantees are doing and how you might get involved.

SOCIAL JUSTICE COORDINATOR

Claire Deroche

Is Hydro-fracking in Our Best Interests?

On Thursday evening, January 26, 2012 our Green Sanctuary Committee, along with our Social Justice Committee, sponsored a program on a very timely topic: Hydro-fracking in NY State. The presenter was Adrienne Esposito, Executive Director of the Citizens Campaign for the Environment (<http://www.citizenscampaign.org/>). A geologist by training, Adrienne explained the basic process of hydraulic fracturing in easily understood terms and in a very engaging manner.

Because of recent technological advances it has become more feasible to exploit this resource. A well is drilled down to depths of 2 miles or more. Then using technology that allows drilling to occur horizontally, cavities are opened in the shale formation. A proprietary mixture of chemicals, water and sand is then forced into the well under high pressure. This frees the gas which is then captured from the well. Although the process is very costly, because oil has become more expensive, the high cost of extraction has become acceptable.

In addition to the monetary costs, there are important environmental costs to be considered: the use of millions of gallons of water; the contamination of this water and the need to treat it; the diesel pollution from the trucks that take waste to treatment plants. All of this I knew before hearing Adrienne speak. What I'd never heard is that in order to acquire the large amount of sand needed, mountains are blown up and the resulting material pulverized to meet this need!

Apart from these environmental concerns, there's a more basic question that nags me. By continuing to exploit this resource are we locking ourselves into a fossil fuel future when what we need is a clean energy future? How much more carbon and methane, the basic hydrocarbon in natural gas, can we put into the environment without finally tipping the balance toward the complete destruction of the conditions needed to sustain life on this planet?

What do you think of hydro-fracking? Is it in the best interests of NY State to allow it to go forward? Right now state environmental officials are sifting through more than 20,000 comments from the public. Sometime this year they will complete their environmental impact study, and then the report will go to the governor who makes the final decision. In the meantime, if you believe that hydro-fracking is not a process we can afford to allow, let Governor Cuomo and your state elected officials know how you feel. It's not too late to advocate for a clean energy future.

MINISTERIAL SEARCH COMMITTEE

The Board of Trustees is in the process of forming a Ministerial Search Committee and they are looking for the broadest congregational representation. The search is an intense process and it is strongly recommended that serious consideration be given to the suspension of other committee assignments.

Any member interested in serving on this committee is encouraged to apply by contacting Tammy Weil at tweil@uucsr.org for the application or alternatively, the application can be downloaded from the UUCSR website in the member's only section. **The deadline to apply is Tuesday, February 28, 2012.**

WOMEN'S GROUP ANNOUNCEMENTS

STATE OF THE UNION QUOTE: "WOMEN SHOULD EARN EQUAL PAY FOR EQUAL WORK." Since last year the Paycheck Fairness Act has been stalled in the U.S. Senate. The president emphasized the need by stating in no uncertain terms, "An economy built to last is one where we encourage the talent and ingenuity of every person in the country. That means WOMEN should earn equal pay for equal work." Now is the time to press every legislator, whether in the U.S. or State government, to vote for fairness and against discrimination. Visit Congress.org to write to Senators Schumer and Gillibrand; visit NYState.Gov to find your state senator and assemblyperson. Many women & families depend on paychecks for food, shelter and medicine. Equality in salaries will make all the difference! -*Pat Luciano, Women's Issues Chair of UUCSR Women's Group.*

WOMEN'S GROUP BOOK SERIES - Sarah's Key by *Tatiana de Rosnay*. Set in Paris in 1942, Sarah, a ten-year old girl is taken with her parents by the French police as they go door-to-door arresting Jewish families in the middle of the night. Desperate to protect her younger brother, Sarah locks him in a bedroom cupboard – their secret hiding place – and promises to come back for him as soon as they are released. Sixty years later, Sarah's life intertwines with that of Julia Jarmond, an American journalist investigating the roundup. In her research Julia stumbles onto a trail of secrets that link her to Sarah and to questions about her own romantic future. Join discussion leader Jo Rymer, in the Veatch House Library, on **February 17th at 7:30** as we discuss this book.

WOMEN TALK DAYTIME – Wed. February 15. 12 Noon – Art Gallery. Love is in the air! Share a touching story or romantic poem to keep the mood going! Bring lunch. Beverage and cookies provided. **Wed. March 7.** 12 Noon – Art Gallery. Join us for a lively discussion of World and National Current events. Bring lunch. Beverage and cookies provided- *Annette Mc Mahon & Doris Miller, Co-chairs.*

T.G.I.F - LOVE SONGS, POETRY & CHOCOLATE VOLUME III WITH FRANK DOYLE. Friday, February 3, 7:30 p.m. See pg. 8 for more information.

SAVE THE DATE FOR MARCH – T.G.I.F.– GO RED FOR WOMEN—A Program of the American Heart Association in the Art Gallery. 7:00 p.m. It's a Pot Luck – bring a heart-healthy dish!

MEN'S GROUP ANNOUNCEMENTS

MEN'S GROUP POKER & PIZZA NIGHT – Wednesday, February 1 – 6:30 – 9:30 p.m. – Oval Room. Come have a slice of pizza and play some poker. You might even win! Open to all Adult UUCSR Members & their guests. Attendance capped at 8. **YOU MUST RSVP with Sharyn** at ext. 160

SUPERBOWL PARTY – Sunday, February 5 – 5:30 p.m. Social Hall. See ad on page 8.

MEN'S GROUP PLANNING MEETING 2 - Sunday, February 19 – 12:30 – 2:00 p.m. – Veatch Conference Room. Please plan on attending the Men's Group Planning Meeting Part 2 and help plan the Men's Group's future and come up with new event suggestions. The Men's Group budget for 2012 -2013 will be discussed at this meeting. Lunch will be served – please RSVP to Sharyn (516) 627-6550 Ext. 160

OCCUPY



The Shelter Rock Forum, The Social Justice Committee of UUCSR and Great Neck SANE/Peace Action invite you to join us for a first on Long Island:

Occupy Wall Street.
What is it?
Who is it?
What is its Vision?

Hear founding member Brooke Lehman and several young activists plus Priscilla Grimm, project manager of "Occupied Wall Street Journal" in a panel discussion about this dynamic nonviolent movement. Representing 99% of Americans, its goal is to end greed and corruption of the wealthiest 1% of our country. Don't miss this opportunity to meet these activists who promise a truly democratic future.

WEDNESDAY, FEB. 15th, 7:30 p.m.

Social Justice Committee,
The Mental Health Sub-Committee &
Shelter Rock Forum Committee Present

KINGS PARK

A film documentary of psychiatric treatment, past and present in the United States

SUNDAY, FEBRUARY 19, 2012

3:00 – 6:00 p.m. – Social Hall.

Suggested donation - \$5.00

Film to be followed by a discussion & reception with Producer and Director of the film Lucy Winer and Long Island Community Activists.

CORRECTIONS

The article on Socially Responsible Investing which appeared in the last issue of the Quest inadvertently left out the last line of the article, in which several additional names were mentioned as members of the subcommittee. The last few lines should have read: **Your SRI Sub-Committee: Michael Brenner (chair), Claire Deroche (staff liaison), Richard Guilbert, Barry Nobel, Ron Roel, Jim Smith, John Ryan, John Tilton, Colin Woodhouse & Latifa Woodhouse.**

LOOK BOOK 2012!

Bring your beautiful smile! It's time to publish our next UUCSR Look Book! Please make every effort to be photographed by Ollin Mills as we want everyone to be included! Sign up dates are Sundays Feb. 5, 12 & 26. Photos will be taken on: 3/6, 3/7, 3/8, 3/13, 3/14, 3/15, 3/16, 3/17, 3/21 and 3/22.

(continued on pg.7)

BI-WEEKLY PLANNER

<p>Tuesday, January 31, 2012 9:30 AM Memory Training 7:00 PM Committee on Ministry Meeting 7:30 PM "Immigration as a Moral Issue" Wednesday, February 01, 2012 10:30 AM Beginning Bridge Class 12:00 PM Women Talk Daytime 6:00 PM Library/Bookstore Committee Meeting 6:30 PM Pizza & Poker 7:30 PM Royalty Advisor Group Meeting 7:30 PM The Historical Jesus Thursday, February 02, 2012 9:30 AM INN Cooking - Thursday 2:00 PM STOP War Meeting 7:30 PM GA Selection Committee Meeting 7:30 PM Choir Rehearsal Friday, February 03, 2012 1:00 PM Bridge 7:00 PM T.G.I.F. Love Songs, Poetry & Chocolate 7:30 PM Small Group Ministry Session Saturday, February 04, 2012 8:30 AM Program Council Retreat 9:00 AM Quilting 10:00 AM LI Soldier's Project Meeting 11:00 AM Yoga Sunday, February 05, 2012 9:00 AM Women's Group Board Meeting 10:00 AM Choir Rehearsal 10:00 AM Bagel Breakfast 11:00 AM Worship Service- Multigenerational Service 11-11:20am 11:20 AM RE Classes 12:00 PM UU Cafe 12:30 PM Side by Side Party 12:45 PM Music Committee Meeting 12:45 PM Family Potluck Lunch 1:00 PM Reiki Healing Circles 5:30 PM Super Bowl Party</p>	<p>Monday, February 06, 2012 12:00 PM Memory Training 7:30 PM Virtues Course 7:30 PM DAC Meeting Tuesday, February 07, 2012 9:30 AM Memory Training 7:30 PM Senior Housing Board Task Group 7:30 PM Membership Committee 7:30 PM RE Committee Meeting Wednesday, February 08, 2012 10:30 AM Beginning Bridge Class 12:30 PM Reach Out America 1:00 PM Small Group Ministry Session 7:30 PM Governance & Operations Task Group 7:30 PM The Historical Jesus 7:30 PM FPNC Board Meeting Thursday, February 09, 2012 6:00 PM Small Group Ministry Session 6:30 PM Caring Committee Meeting 7:30 PM Choir Rehearsal Friday, February 10, 2012 8:00 AM Energeia Partnership Retreat 9:45 AM TAI CHI Intermediate 11:30 AM TAI CHI Beginner 1:00 PM Bridge 6:30 PM Soulful Sundown Saturday, February 11, 2012 8:30 AM BOT Retreat 9:00 AM Quilting 11:00 AM Yoga 5:00 PM Dramatic Readings Sunday, February 12, 2012 9:00 AM Great Books Discussion - 5 10:00 AM Choir Rehearsal 10:00 AM Bagel Breakfast 10:00 AM Grantee Fair</p>	<p>11:00 AM RE Classes 11:00 AM Worship Service 12:00 PM UU Cafe 1:00 PM Multigenerational Wisdom from Hebrew Scriptures Small Group Ministry Session 2:30 PM Memorial for Masamichi Itoh Monday, February 13, 2012 12:00 PM Memory Training 6:00 PM Small Group Ministry Session 7:30 PM Emerson Circle 7:30 PM Social Justice Committee</p>
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ART OF INK
Brushed Voices
 An International Contemporary
 Calligraphy Group

February 26- April 4

Opening Reception
February 26, 1-3 p.m.
 Art Gallery

MEMBERSHIP MATTERS

Ben Bortin

The array of programs available at the UU Congregation of Shelter Rock is both bewildering and bedazzling. From choir singing to quilting for those who are ill, from Social Justice to the Super Bowl party, from INN cooking to the English Language, we provide opportunities for personal, intellectual, and spiritual growth that is little short of remarkable.

Sometimes, it's frustrating, when worthwhile programs compete for a finite audiences and time slots. Sometimes, when partaking of a series of activities and meetings, it can feel as though one is living at UUCSR. There are feelings of sensory and program overload.

But in spite of these real concerns, to my mind, in Mae West's words, too much of a good thing is delightful. To have so many different worthwhile ways to celebrate life and expand our awareness and engagement with the vital concerns of our world is a wonderful hallmark of a vibrant liberal religious community.

As for programs with which I'm personally involved, I want to accommodate as many needs and requests as is within my power. As many programs as we offer, there are yet more on the back and middle burner.

There was recently a request, for example, with two daytime Bridge groups already in progress, for an evening opportunity to play recreational Bridge. And one is going to be offered, on Tuesday evenings, beginning February 14th. Because of our heavy building usage, a predictable consequence of our program super-abundance, the rooms will rotate, but it will begin in the Art Gallery that evening. (See ad elsewhere in the Quest.)

Happy Birthday to Adlai Stevenson (Feb 5th), and Charles Darwin and Abe Lincoln (Feb 12)

Wishing you well, Ben

MIND THE GAP

(from pg. 3)

Betty Jeanne Rueters-Ward

out), make a financial contribution, update our roster of young adult mailing addresses, or leave items to be included in the packages. Pre-read copies of "UU World" periodical, non-perishable snacks, chalice or Standing on the Side of Love items, etc. are welcome donations.

If you are part of a UUCSR committee, we welcome you to submit a letter (which can be reproduced for each of the care packages) with best wishes, words of commitment to young adult ministry, and information about the activities your group offers to the community.

Finally, on Friday, Feb. 10 following Soulful Sundown, we'll assemble care packages together. Join us for the whole evening if you'd like – dinner is provided as part of Soulful Sundown!

Don't miss your chance to help create a caring community of all ages. Questions? Get in touch with me at bruetersward@uucsr.org or 347-850-2579.

LOOK BOOK 2012!

(from pg. 6)

(Tue.-Fri.: 2:00-9:20 p.m. & Sat: 9:30-6:10 p.m.)

Also, send any event photos of the past year for possible inclusion to klosack@uucsr.org.

Unitarian Universalist Congregation at Shelter Rock

48 Shelter Rock Rd. Manhasset, NY 11030

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www.uucsr.org / uucsr@uucsr.org

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Minister for Pastoral Care:

Rev. Jennifer L. Brower (jbrower@uucsr.org)

Interim Minister of Religious Education:

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Congregation Operations Administrator:

Adam Barshak (abarshak@uucsr.org)

Veatch Executive Director:

Ned Wight

Music Director:

Stephen Michael Smith

Director of Religious Education:

Bonnie Mykel

Membership & Volunteer Coordinator:

Ben Bortin

Social Justice Coordinator:

Claire Deroche

Youth & Young Adult Program Coordinator

Betty Jeanne Rueters-Ward

Communications Director

Kim Losack

BOARD OF TRUSTEES:

President: Barbara Grosmark

Vice President: Nancy Baldwin

Treasurer: Jerry Jalazo

Trustees:

Arnold Babel

Margaret Cibulsky

Verna Livingston

Toni Logue

John Murphy

Tom Murphy

Monica Schlichting

Jim Smith

Quest Production: Kim Losack, Editor

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Next Quest: Tuesday, February 14 | Deadline for Content: Friday, February 10

WOMEN'S GROUP T.G.I.F. PRESENTS

Love Songs, Poetry & Chocolate

Volume III with Frank Doyle

FRIDAY, FEBRUARY 3

7:30 p.m. Art Gallery

Admission: \$5 per person or a Dress donation

Bring a poem to share!

Don't know what to do with that old bridesmaid dress?

-DONATE IT!

Help a dressmaker in need in Nairobi, Africa. Jane Nigoiri refashions second-hand dresses into clothing for children.

Make room in your closet and donate your once loved bridesmaid, prom, wedding or other fancy dresses to a worthy cause!

Men's Group Presents

SUPER BOWL XLVI

SUPER BOWL SUNDAY FEAST

WATCH THE GAME ON THE HUGE HD 25' X 25' SCREEN

SUNDAY, FEBRUARY 5

5:30 - 10:00 p.m. - Social Hall.

Open to all Adult UUCSR Members and their guests. Please join us for an evening of football & fun!

STANDARD SUPERBOWL FARE!
Hot food, salads, sandwiches, snacks, desserts and beverages will be provided!

\$15.00 per person for Members
\$20.00 per person for Non-Member Guests.

For reservations call Sharyn at (516) 627-6560, Ext. 160.

PROCEEDS TO BENEFIT UNITED VETERANS BEACON HOUSE

United Veterans Beacon House
Island Harvest
A FOOD BANK FOR LONG ISLAND
Fighting Hunger. Touching Lives.

Raffles and Prizes!

Please make this a "Souper Bowl!" and bring some canned goods to donate to Island Harvest and you will receive a special raffle ticket!